SCHOOL SUPPORT AND MEETINGS | ENGLAND

One-Page Child Profile Pack

Free download · My SEND Friend Shop

A one-page profile pack to give professionals a quick, useful picture of your child, including strengths, preferences, communication and the support that helps.

Complete what you can. This is not a diagnosis, a behaviour contract, or an official school form.

Who this is for

Families who want a short, kind profile to share with a teacher, supply staff, club, or other new adult.

What is inside

- A full profile you can type or handwrite
- A shorter one-page summary sheet

Please read this first

This is a free starting-point resource from My SEND Friend. It is general information, not legal, medical or benefits advice, and it is not an official or government form. It does not guarantee an assessment, plan, adjustment, payment or any other outcome. Check current official guidance (for example GOV.UK) and get individual advice from SENDIASS, IPSEA or a suitably qualified adviser when you need it.

About this profile

Lead with strengths and what helps. Only include information you are comfortable sharing. Update it when things change. A live version is also available on mysendfriend.co.uk.

Name or initials

What they like to be called

Age or year group (optional)

Date

What we love about them, and what they are good at

How they communicate, and how best to communicate with them

What helps, and what to avoid

What can be difficult, and what that looks like

Sensory and environmental notes

What already helps

What does not help

If things become overwhelming, please try this

Anything else a new adult should know

Useful next steps and sources

Use what helped in this pack and leave the rest. You can come back to it when you need to. Live tools on mysendfriend.co.uk remain free, including Help Me Now, the SEND Letter Builder, the Reasonable Adjustments Builder, the DLA and PIP Claim Planners, and the free resources hub. Saving work to My SEND Plan is optional.

Where to check official or independent information

Guidance and benefit rules can change. Check the current official position, and get individual advice when you need it.

- GOV.UK: Children with special educational needs and disabilities (SEND)
- The SEND Code of Practice 2015 (England)
- The school's SEN information report and complaints policy
- Your local SENDIASS service
- IPSEA, for legally based information in England

A reminder about this free pack

This is a free starting-point resource from My SEND Friend. It is general information, not legal, medical or benefits advice, and it is not an official or government form. Using it does not start a statutory process or guarantee a particular outcome. Adapt every page to your situation.

mysendfriend.co.uk · My SEND Friend Shop · Supporting families together