SCHOOL SUPPORT AND MEETINGS | ENGLAND

Sensory Needs Passport

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Organise information about sensory experiences, triggers and useful adjustments in a short passport you can share with school, clubs or new adults.

Who this is for

Families supporting a child with sensory differences, whether or not there is a formal diagnosis.

What is inside

- A senses-by-senses worksheet
- A one-page passport summary

Please read this first

This is a free starting-point resource from My SEND Friend. It is general information, not legal, medical or benefits advice, and it is not an official or government form. It does not guarantee an assessment, plan, adjustment, payment or any other outcome. Check current official guidance (for example GOV.UK) and get individual advice from SENDIASS, IPSEA or a suitably qualified adviser when you need it.

Using this passport

Describe what you actually observe. This is not an occupational therapy assessment and it does not diagnose sensory processing differences. Share only what is useful for support.

Name

Date

This may be shared with

Sound — what is hard, what helps

Light, visual clutter, or busy places

Touch, clothing, proximity, or unexpected contact

Movement, still sitting, and body awareness

Smell, taste, or eating environments

Passport summary

Please avoid, if you can

Please try, if you can

If I am already overwhelmed

Useful next steps and sources

Use what helped in this pack and leave the rest. You can come back to it when you need to. Live tools on mysendfriend.co.uk remain free, including Help Me Now, the SEND Letter Builder, the Reasonable Adjustments Builder, the DLA and PIP Claim Planners, and the free resources hub. Saving work to My SEND Plan is optional.

Where to check official or independent information

Guidance and benefit rules can change. Check the current official position, and get individual advice when you need it.

- GOV.UK: Children with special educational needs and disabilities (SEND)
- The SEND Code of Practice 2015 (England)
- The school's SEN information report and complaints policy
- Your local SENDIASS service
- IPSEA, for legally based information in England

A reminder about this free pack

This is a free starting-point resource from My SEND Friend. It is general information, not legal, medical or benefits advice, and it is not an official or government form. Using it does not start a statutory process or guarantee a particular outcome. Adapt every page to your situation.

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