BUNDLES AND STARTER KITS

Social Stories Collection

Free download · My SEND Friend Shop

The full set of My SEND Friend social stories in one zip, with a short guide to personalising them and using them kindly.

These are simple, adaptable stories, not a licensed programme. Change names and details so they stay true, and stop if a story adds worry.

Who this is for

Families and supporters who want these packs in one download.

What is inside

- Social Story: Starting a New School
- Social Story: Fire Drill
- Social Story: Visiting the Dentist
- Social Story: Having a Haircut
- Social Story: Unexpected Change
- ...and the rest of the packs listed inside

Please read this first

This is a free starting-point resource from My SEND Friend. It is general information, not legal, medical or benefits advice, and it is not an official or government form. It does not guarantee an assessment, plan, adjustment, payment or any other outcome. Check current official guidance (for example GOV.UK) and get individual advice from SENDIASS, IPSEA or a suitably qualified adviser when you need it.

What is in this zip

This is a free My SEND Friend Shop bundle. Each pack is a separate PDF. You can print only the pages you need. The same packs are also listed individually in the shop.

Open the files on a device if you want to type into the fillable fields. Some browser previews do not reliably save form entries — use a PDF reader, then save a copy.

- Social Story: Starting a New School (social-story-starting-a-new-school.pdf)
- Social Story: Fire Drill (social-story-fire-drill.pdf)
- Social Story: Visiting the Dentist (social-story-visiting-the-dentist.pdf)
- Social Story: Having a Haircut (social-story-having-a-haircut.pdf)
- Social Story: Unexpected Change (social-story-unexpected-change.pdf)
- Social Story: Asking for Help or a Break (social-story-asking-for-help-or-a-break.pdf)
- Social Story: Assembly (social-story-assembly.pdf)
- Social Story: The Dining Hall (social-story-the-dining-hall.pdf)
- Social Story: A Doctor or Hospital Appointment (social-story-a-doctor-or-hospital-appointment.pdf)
- Social Story: A Trip to the Shop (social-story-a-trip-to-the-shop.pdf)

How to use these social stories kindly

Change names, details and wording so they are true for this person. Read a story when things are reasonably calm, not only in a crisis. A story is a support, not a script the person must perform.

- Cross out any page that is not true, and add the real place, person, or support on the write-in lines.
- Pair a story with a real support if needed — a help card, a now-and-next board, or an agreed way to leave.
- Adults should only promise what will actually happen.
- Stop or put the story away if it adds worry.

A simple order you could use

The first pack I will open, and why

Questions I will take to SENDIASS, a welfare-rights adviser, or another service, if I need advice

Useful next steps and sources

Use what helped in this pack and leave the rest. You can come back to it when you need to. Live tools on mysendfriend.co.uk remain free, including Help Me Now, the SEND Letter Builder, the Reasonable Adjustments Builder, the DLA and PIP Claim Planners, and the free resources hub. Saving work to My SEND Plan is optional.

Where to check official or independent information

Guidance and benefit rules can change. Check the current official position, and get individual advice when you need it.

- The individual packs in this zip, also listed separately in My SEND Friend Shop
- mysendfriend.co.uk

> **A reminder about this free pack**
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