TRANSITIONS AND PREPARING FOR ADULTHOOD

ENGLAND

Starting School All About Me Passport

Free download · My SEND Friend Shop

A one-page profile and starting-school passport so a new setting can see the child quickly: how they communicate, what helps, and what is hard.

This is not an official admission form. Share only what you are comfortable sharing, and keep other children's details out.

Who this is for

Families preparing for nursery, reception, or a new primary setting, and staff who will meet the child.

What is inside

- How to use a passport
- A fillable all-about-me profile
- A starting-school checklist
- A first-weeks review

Please read this first

This is a free starting-point resource from My SEND Friend. It is general information, not legal, medical or benefits advice, and it is not an official or government form. It does not guarantee an assessment, plan, adjustment, payment or any other outcome. Check current official guidance (for example GOV.UK) and get individual advice from SENDIASS, IPSEA or a suitably qualified adviser when you need it.

A short, living document

Write in everyday words. Update it after the first weeks. A passport should help staff know the child quickly; it does not replace a proper conversation or, where it exists, an EHCP or SEN support plan.

Child's name

What they like to be called

Date of birth / class

Date this was written

All about me

The people who matter to me, and how I communicate (words, signs, visuals, behaviour)

What I enjoy, and what I am good at

What I find hard, including sensory needs, change, or particular times of day

What helps me settle, learn, play, and feel safe

What does not help

Health, eating, personal care, or other practical things staff should know

How to reach my family, and who else supports me

Starting school checklist

- [ ] Visit, or look at photos or a video, if that helps this child
- [ ] Share this passport with named staff, and ask who else will see it
- [ ] Agree a first-weeks settling plan and a review date
- [ ] Pack any visuals, comfort items, or care equipment we have agreed
- [ ] Note start and finish times, after-school arrangements, and who is collecting

Questions I still have for the setting

After the first weeks

What has helped, what is still hard, and what we will change on this passport

Useful next steps and sources

Use what helped in this pack and leave the rest. You can come back to it when you need to. Live tools on mysendfriend.co.uk remain free, including Help Me Now, the SEND Letter Builder, the Reasonable Adjustments Builder, the DLA and PIP Claim Planners, and the free resources hub. Saving work to My SEND Plan is optional.

Where to check official or independent information

Guidance and benefit rules can change. Check the current official position, and get individual advice when you need it.

- GOV.UK: Children with special educational needs and disabilities (SEND)
- The SEND Code of Practice 2015 (England)
- The school's SEN information report and complaints policy
- Your local SENDIASS service
- IPSEA, for legally based information in England
- Preparing for Adulthood materials and your local offer, where relevant

A reminder about this free pack

This is a free starting-point resource from My SEND Friend. It is general information, not legal, medical or benefits advice, and it is not an official or government form. Using it does not start a statutory process or guarantee a particular outcome. Adapt every page to your situation.

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